



RURAL COMMUNITIES SECTOR TELEBRIEFING

County of San Diego

Last Updated: 07/15/2021



LIVE WELL
SAN DIEGO

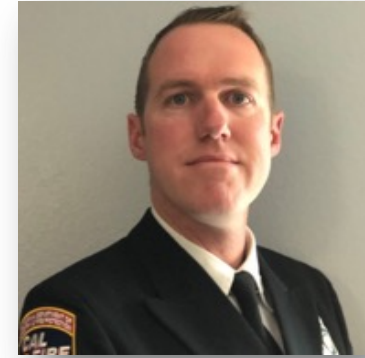
Agenda

- Welcome & Announcements
- Fire Safety & COVID-19 Vaccination Efforts in Rural Communities
- Reopening Updates
- COVID-19 & Vaccines
- Q & A
- Closing

Our Speakers



ELIZABETH BUSTOS
Community Development Liaison
Community and Faith-Based
Organization Sector Lead



THOMAS SHOOTS
Captain & Public
Information Officer



GARY JOHNSTON
Chief Resilience Officer,
County COVID-19 Response
Incident Commander,
COVID-19 Reopening Lead



SAYONE THIHALOLIPAVAN, MD, MPH
Medical Consultant
County of San Diego

WHEN IS THE NEXT TELEBRIEFING?



LIVE WELL
SAN DIEGO

Community-Based/Rural Telebriefings: 1st Fridays

Next telebriefing: August 6, 2021 | 1pm-2pm

AUGUST 2021						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6 CBO/ Rural Tele	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

Welcome to the Rural Communities Telebriefing



A few reminders before we begin:



This telebriefing is being recorded.



Your lines are muted



Please enter your questions in the Q&A Box and your comments in the chat box.



You can email us at:
COVID-CBO-FAITH@sdcounty.ca.gov



ANNOUNCEMENTS



DIGITAL COVID-19 VACCINATION RECORDS



California
DEPARTMENT OF TECHNOLOGY



- The Digital COVID-19 Vaccine Record (DVR) enables California residents to manage their personal vaccination record and share at their discretion
- Visit <https://myvaccinerecord.cdph.ca.gov/>
- If you have problems using the Digital COVID-19 Vaccine Record portal, or if your record is inaccurate, the following resources are available:
 - CDPH [troubleshooting website](#)
 - San Diego Regional Immunization Registry:
Available 7 days/week at (619) 692-5656

ADDRESSING VACCINE HESITANCY




LIVE WELL
SAN DIEGO

Resource to address common misconceptions about the COVID-19 Vaccine



https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/phs/Epidemiology/covid19/Community_Sector_Support/HealthcareProviders/Vaccine_Hesitancy.pdf



VACCINE HESITANCY

Common Misconceptions

"Vaccines Were Developed Too Quickly"
Harnessing technologic advances and building on earlier research led to early success

- Ten days after the first reported cases in China, the SARS-CoV-2 virus was sequenced and made public
- The importance of spike protein in vaccine development of vaccines for SARS-CoV-1 in 2002 and MERS-CoV in 2012 helped jumpstart the COVID-19 vaccine efforts in Jan 2020
- Delivery systems used for COVID-19 vaccines have been in development since the 1970s (Adenovirus vector, mRNA)

"COVID-19 Is Usually Mild in Healthy People"
Risks of relying on post-infection immunity

- Serious illness or death, even among younger adults
- Spreading COVID-19 to family and community when pre-symptomatic or asymptomatic
- Asymptomatic and mild illness provide weak and time limited immunity (CDC recommends post-infection vaccination)
- Post-acute symptoms or "long" COVID-19 syndrome

"FDA Evaluation Was Rushed"
Efficiencies in meeting FDA requirements, scaling up production, and prioritized review saved time


- Manufacturing process developed in parallel to clinical trials (Operation Warp Speed)
- Required FDA Review and CDC Advisory Committee meetings were prioritized scheduled expeditiously; eliminating the typical scheduling delays.

"Trials Were Too Short to Detect Long Term Effects"
COVID-19 vaccine trials had similar size and duration of preceding vaccines with full approval

- High incidence allowed quick achievement of clinical endpoints (adaptive trial design), but monitoring for serious adverse events continued for 6 months after the final dose
- Previous vaccines with unanticipated effects were detected within 8 weeks of vaccination during the pre-approval trials—that's why FDA required a minimum of 8 weeks
- No vaccine approved/authorized for use in the United States has been definitively associated with long-lasting, on-going effects. Monitoring and research continue after authorization for as long as the vaccine is in use (e.g., VAERS, V-safe)
- 150 million+ COVID-19 vaccine first doses administered in the US: CDC is already able to detect events occurring <1/million doses

Benefits of immunity through vaccination







- Provides the same viral antigens as infection but without symptoms of COVID-19
- Symptoms caused by vaccination may occur, but are mild, short lived (2-3 days)
- Proven effectiveness against severe disease and death
- Post-vaccination natural infection is rare but milder and has not been transmitted



Make an Informed Choice


Everyone has a choice to get vaccinated or not

- Use reliable sources for an informed decision
- HCWs are influential in patients' decision making
- Communicate vaccine information to patients in an unbiased way (COVID-19 Vaccination Toolkits for Healthcare Teams)



Additional Resources: AAFP | Countering Vaccine Hesitancy; AMA | Tips for speaking with colleagues about COVID-19 vaccination; Language that works - de Beaumont Foundation

For the latest updates on COVID-19, visit:
www.sandiegocounty.gov/COVIDHealthProfessionals



LIVE WELL
SAN DIEGO
Rev. 07/06/21

WE'RE HIRING!



COMMUNITY HEALTH WORKER LIAISON FOR COVID-19

- Builds trust and rapport with community
- Shares culturally competent community resources
- Coordinates, develops, and implements outreach plans

Email resume and cover letter to
LWSD.HHSA@sdcounty.ca.gov

2021 EMERGENCY RENTAL ASSISTANCE PROGRAM



LIVE WELL
SAN DIEGO

APPLY TODAY!



**This program now reimburses 100%
of overdue rent and utility bills!**

To learn more:

Landlords can attend a bi-weekly webinar:
every other Thursday 9am-10am

www.sdhcd.org or call 858-694-4801



FIRE SAFETY & COVID-19 VACCINATION EFFORTS IN RURAL COMMUNITIES

THOMAS SHOOTS
Captain & Public Information Officer





REOPENING UPDATES

GARY JOHNSTON
CHIEF RESILIENCE OFFICER
COUNTY COVID-19 RESPONSE INCIDENT COMMANDER
COVID-19 REOPENING LEAD


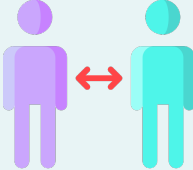



GUIDANCE FOR K-12 SCHOOLS IN CALIFORNIA, 2021-22 SCHOOL YEAR



[View the full guidance here](#)

The foundational principle of this guidance is that all students must have access to safe and full in-person instruction and to as much instructional time as possible.

Face Coverings 	INDOORS: K-12 students are required to mask indoors. Adults in K-12 school settings are required to mask when sharing indoor spaces with students.	OUTDOORS: Masks are optional outdoors for all in K-12 school settings
Physical Distancing 	There are no minimum physical distancing requirements because other mitigation strategies (e.g., masking) are implemented	
Quarantine 	FULLY VACCINATED: For those who are vaccinated, follow the CDPH Fully Vaccinated People Guidance regarding quarantine.	UNVACCINATED: When both parties were wearing a mask indoors, unvaccinated students who are close contacts may undergo a modified 10-day quarantine if they meet certain criteria



MEDICAL UPDATES

SAYONE THIALOLIPAVAN, MD, MPH
MEDICAL CONSULTANT
COUNTY OF SAN DIEGO



LIVE WELL
SAN DIEGO

VACCINES WORK!



LIVE WELL
SAN DIEGO



Vaccinations Prevent Nearly All COVID-19 Related Hospitalizations and Deaths, New Data Shows

Date: July 2, 2021

Number: NR21-209

Contact: CDPHpress@cdph.ca.gov

[Click here to view the full press release](#)

Out of over 20 million fully vaccinated Californians, only 0.003% (584 people) contracted COVID-19 and required hospitalization"

"Currently, the **Delta variant** accounts for approximately 36 percent of cases sampled in California, and we expect this to rise. The most important thing we can do to stop the spread of COVID-19, and the variants, is ensure everyone who is eligible gets vaccinated." - **Dr. Tomás Aragón, CDPH Director and State Public Health Officer**

COVID-19 VARIANTS & VACCINES



LIVE WELL
SAN DIEGO

About Variants of the Virus that Causes COVID-19

- Viruses constantly change through mutation, and new variants of a virus are expected to occur.
- CDC is monitoring multiple variants of the virus that causes COVID-19, including four in the United States that seem to spread more easily than others.
- **So far, studies suggest that current authorized vaccines work on these variants.**

THE CORONAVIRUS CRISIS

Moderna Says Studies Show Its Vaccine Is Effective Against The Delta Variant

June 30, 2021 · 11:23 AM ET



LAUREL WAMSLEY

[View the full article here](#)

Effectiveness of COVID-19 vaccines against the B.1.617.2 variant

[View the full article here](#)

Positive New Data for Johnson & Johnson Single-Shot COVID-19 Vaccine on Activity Against Delta Variant and Long-lasting Durability of Response

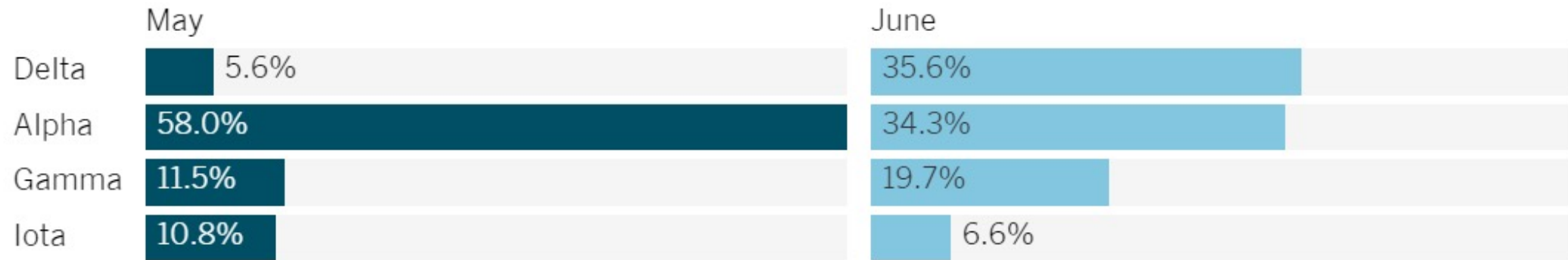
[View the full article here](#)

DELTA VARIANT IN CALIFORNIA



LIVE WELL
SAN DIEGO

Delta is California's dominant variant



Source: California Department of Public Health

LOS ANGELES TIMES

- New [data](#) released by the California Department of Public Health say 35.6% of coronavirus variants analyzed in June have been identified as Delta
- [Click here](#) to view the full article.



Efficacy of Portable Air Cleaners and Masking for Reducing Indoor Exposure to Simulated Exhaled SARS-CoV-2 Aerosols — United States, 2021

Early Release / July 2, 2021 / 70

[Click here to view the full article](#)

- Ventilation systems can be supplemented with portable high efficiency particulate air (HEPA) cleaners to reduce the number of airborne infectious particles
- Using two HEPA air cleaners reduced overall exposure to aerosol particles by up to 65%
- The combination of the two HEPA air cleaners and universal masking reduced overall exposure by up to 90%

What are the implications for public health practice?

- Portable HEPA air cleaners can reduce exposure to simulated SARS-CoV-2 aerosols in indoor environments, especially when combined with universal masking.

PODCAST: TEENS & COVID VACCINES



LIVE WELL
SAN DIEGO

SHORT WAVE

Teens Ask, We Answer: What's Up With COVID Vaccines?

July 7, 2021 · 12:30 AM ET



PIEN HUANG



REBECCA RAMIREZ



14-Minute Listen

+ PLAYLIST



[Listen to the episode here](#)

Health reporter Pien Huang and *Short Wave* producer Rebecca Ramirez talked to teens about their questions about the vaccine and what a strange year the pandemic has been for them.



COVID-19 DISPARITIES



LIVE WELL
SAN DIEGO

The disparities in our diverse communities are severe

COVID-19 disproportionately affects California's low income, Latino, Black, and Pacific Islander communities, as well as essential workers such as those in health care, grocery, and cleaning services.

Death rate for Latino people is **21% higher** than statewide

Deaths per 100K people:

185 Latino
153 all ethnicities

Case rate for Pacific Islanders is **35% higher** than statewide

Cases per 100K people:

12,330 NHPI
9,111 all ethnicities

Death rate for Black people is **9% higher** than statewide

Deaths per 100K people:

166 Black
153 all ethnicities

Case rate for communities with median income <\$40K is **37% higher** than statewide

Cases per 100K people:

12,481 income <\$40K
9,111 all income brackets

Note: This data is cumulative since the first COVID-19 case was reported in January 2020. Case rate is defined as cumulative COVID-19 cases per 100K population. Death rate is defined as cumulative COVID-19 deaths per 100K.

EARLY THERAPY FOR COVID-19 AVAILABLE AT NO COST



LIVE WELL
SAN DIEGO

MONOCLONAL ANTIBODY THERAPY IS AVAILABLE!

- Monoclonal antibodies may help people with mild or moderate COVID-19 who are at high risk of progressing to severe COVID-19 and/or hospitalization by preventing them from getting sicker and/or hospitalized due to COVID-19
- Ideally, the potentially lifesaving treatment is received **as soon as possible** of COVID-19 symptom onset

WHO MAY RECEIVE THIS THERAPY?

- People who have a positive test for COVID-19 and have mild to moderate symptoms, **AND**
- Have had COVID-19 symptoms for less than 10 days, **AND**
- Are at least 12 years old, **AND**
- Are at [high-risk](#) of getting very sick from COVID-19
 - Examples include: 65 years of age or older, obese, pregnant, diabetes, heart disease, and high blood pressure



MONOCLONAL ANTIBODY REGIONAL CENTER (MARC)



LIVE WELL
SAN DIEGO

OPEN TO TREAT COVID+ PATIENTS NOW!

- Patients may self-refer for early COVID-19 therapy
- If you think you qualify, call **(619) 685-2500** for an appointment or if you have questions
- You are also encouraged to talk to your doctor or health provider to see if you qualify
- Accepting all medically eligible patients, **regardless of** health insurance or immigration status
- For additional information visit:
www.sandiegocounty.gov/COVIDHealthProfessionals

NEW LOCATIONS

**MARC at
Vista Community Clinic**

Vista

**MARC at
Neighborhood
Healthcare**

Escondido

**Family Health Centers
of San Diego**

Hillcrest & Chula Vista



CLOSING





STAY CONNECTED!

- For additional questions and resources, please email:

Covid-CBO-Faith@sdcounty.ca.gov

- [Community-Based Organizations Webpage](#)
- [Rural Communities Webpage](#)
- [Sign up for email updates](#)

